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| **Birr RFC Covid 19 Checklist** |

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| **Check Item** | **Yes** | **No** |
| Have players provided Pre-Return to Rugby Personal Assessment Declaration |  |  |
| Are all players cleared to play? |  |  |
| Has the club received any return from illness forms? |  |  |
| Is Signage is in place, visible, and up-to-date? |  |  |
| Have players received induction training? |  |  |
| Queuing system in place and being observed. |  |  |
| Sanitiser available for players as required. |  |  |
| Signage in place at check-in |  |  |
| Players briefed on training activities |  |  |
| Training Activities in line with Government Guidelines |  |  |
| Equipment sanitised before training session |  |  |
| Equipment sanitised after training session |  |  |
| Has the rubbish been disposed of appropriately? |  |  |
| Have all surfaces & touchpoints cleaned thoroughly: |  |  |
| Have all toilets and sinks been disinfected |  |  |
| Hand washing facilities include soap hot water, disposable towels in place |  |  |
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|  |  |  |
| **Signature:** |  |  |
| **Date:** |  |  |

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| **Birr RFC Covid 19 Safety Training Log** |

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| **No.** | **Name** | **Declaration Signed** | **Good Health & Normal Temperature** |
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|  |  |  |  |
| **Signature** |  |  |  |
| **Date** |  |  |  |

* **Don’t Share water bottles**
* **Wash hands before and After training**
* **Don’t spit or clear nasal passages on the pitch**
* **Adhere to social distancing measures**
* **No horseplay**
* **Do not shake hands, fist bump or high five.**
* **If you feel unwell, notify your coach immediately**

**Note: Each Team Compliance Officer/Coach must keep a copy of this training log for a minimum of 3 weeks as part of the Club’s contact tracing policy.**